



# SHAMANIC JOURNEYS FRIDAYS 6.30-8.30 WITH SAMA

Three sessions:  
21 February  
27 March  
24 April

Contribution:  
£50 or £18  
single session

The Shamanic journey takes us to a rich tapestry of both personal and collective myths. Journey work is essentially practical, helping us to unravel problematics in everyday life as well as showing us a way to understand and read into the richness of the world we inhabit, beyond the limitations of or human mental constructs and assumptions.

Soundscapes of instruments and voice will be our guides to open the gates to a magical world repleat with possibility and revelation. Further your practice or start your journey here!

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Book here: