



6 JUNE 2011



'One can never face life appropriately with the already known. We repeat life but life never repeats itself. Why superimpose repetition on what is constantly original?'
Jean Klein

TEACHER STUDY PROGRAMME

Aurolab Teacher Training and Teacher Continual Development Studies are imparted on a one to one basis and therefore can be joined at any time. Please mail me for more information about the programmes or to discuss a format of studies that would suit your needs and aspirations.

WORKSHOPS

Sunday 10 July 9.30am-4.30pm, 27 Macoma Road, SE18 Teacher Trainees study day.

Friday 19 to Sunday 21 August

Immersion weekend in our new house at the foot of the Black Mountains in Wales.

Arrive Friday after 4pm and leave after lunch on Sunday (£190 includes all tuition, accommodation and (self catered) meals, we'll get the ingredients, you cook them! Me and Tanya will be offering some new work, integrating Yogic, Shamanic and Sonic Meditation practices. This will be an intense and rewarding weekend, with part of the work taking place outdoors....

Places are limited to 8 participants.

If you are interested, please send an e-mail, giving a short description of your spiritual practice (in whichever field and whatever style). Please make a note of health conditions if any.

Teachers, Teacher Trainees and diligent practitioners are warmly invited to take part.

Please register your interest by mail and I will forward a detailed pdf in the next couple of weeks.

5-9 Sept daily early morning practice 7-8.30am Yoga Point, 122, Dalberg Rd SW2

Nigel 07976650886 thewitnesstree@aol.com £18 per class £75 for the week

A daily awakening to reality with wide eyes and an open heart. These practices are conceived to increase vital energy, refine perception and bring ease and spaciousness to mind and body. They integrate vinyasa sequences for strength and endurance, precise postural study for alignment and stability, breath consciousness for clarity and emotional refinement. Meditation and philosophy are included in the teachings as a sustaining continuum. For all curious practitioners who would like to take their practice to a deeper level.

Yoga regulation in the UK

Independent Yoga Network

‘There are no legal requirements for Yoga teachers and there is no statutory legislation governing the teaching of Yoga in the UK other than common law’

18 May 2011

There is much confusion in the British Yoga world about regulation and the certificates required for working teachers. Following is a brief explanation outlining the facts and a who’s who on the current key organisations involved.

THE FACTS

There are no legal requirements for Yoga teachers and there is no statutory legislation governing the teaching of Yoga in the UK other than common law.

Governing Body Status – A title ‘awarded’ to a Yoga Teacher training school or organisation by the then Sports Council in 1995. This recognition was carried over to Sport England when the Sports Council was dissolved as a part of devolution. (This status is currently under review by Sport England.) There is no consensus amongst the general Yoga community of England that this title is meaningful. Clearly, it can only rationally hold meaning to those who consider Yoga to be a sport. The term ‘Governing Body’ is a non-protected one and as such carries no legal authority whatsoever.

REPs and Skillsactive admit they have no expertise in Yoga. None of the NOS (new National Occupational Standards) or NVQ (National Vocational Qualifications) associated with the fitness industry makes any reference to Yoga or Yoga Teachers and is not likely to in the foreseeable future. The ‘standards’ used by the Awarding Organisations are currently under review.

Teachers do NOT require a REPs certificate in order to teach in public places such as gyms, schools or fitness centres or to hire rooms for your own self-organised

classes or to teach in a self-employed capacity.

An employer may request that you hold a REPs certificate or any other qualification or registration it sees fit, and may refuse to employ you if you do not have what they require.

The insistence on REPs is most likely if the employer is a member of the Fitness Industry Association.

There are two certain ways currently to get REPs registration should you feel you really need it as follows:

- As a trained teacher you can register with The Independent Yoga Network which is recognised by REPs and SkillsActive as an authority on Yoga and the members of which are guaranteed REPs registration;

Ellen Lee Chair of the IYN



- You have training ratified by one of the Awarding Organisations. This will also be recognised by REPs. This situation is currently under review.

Insurance – Contrary to a common rumour, liability insurance is easily available from a number of providers. You don’t have to be associated with BWY or REP’s to get insurance.

WHO’S WHO

REPs – The Register for Exercise Professionals originally set up by SkillsActive. This is precisely what its name implies: a voluntary register of exercise professionals that employers and the public can refer to. For most exercise disciplines, there are criteria of training and competence for registration that the register requires of an exercise professional.

Skillsactive – A government authorised ‘Sector Skills Council’ set up to ensure the Sport, Fitness and Leisure Industries have professionally trained and qualified staff based on industry requirements and standards. Both Skillsactive and REPs were set up primarily to benefit the ‘Instructors’ Employers’ rather than the employee or the general public.

The Independent Yoga Network – an organisation of independent Yoga teacher trainers, teachers and practitioners set up in 2004 to counter the attempt to regulate and control Yoga in the UK by the fitness industry in conjunction with a large, but single Yoga organisation.

The Awarding Organisations

Currently, **BWY**, **CYQ** and **ITEC**. These bodies train teachers or ‘accredit’ third party teacher trainers within the National Qualifications Framework, (though there is no National Occupational Standard or NVQ for Yoga Teachers or yoga). The awarding bodies are ‘authorised’ by SkillsActive and Ofqual.

The Fitness Industry Association – The employers’ association for the fitness industry, closely related to SkillsActive, having joint membership.

Ofqual - The Office of Qualifications and Examinations Regulation. Ofqual is the government body that regulates qualifications, examinations and assessments in England and vocational qualifications in Northern Ireland